

Basic 51

10 Week Lesson Plan

Lesson 1

Partner/Corner
Arm turns- Right and Left
Stars- Right and Left
Circle- Left and Right
Dosado
Veer-Left and right
Bend the Line (to face another couple)
Forward & Back
Pass thru
Wheel around
Square formation (Heads, Sides, couple ID, Home)
Left Allemande
Right and Left Grand
Weave the ring
Promenade (Couples, 1/2, Star, inside, singlefile)
Swing
Grand Square
Courtesy Turn
Ladies Chain (head, side, all four, 3/4)

Lesson 2

Separate around 1 and into the middle
Split Outsides
Sashay (1/2 sashay, Rollaway, Ladies in-Men sashay)
Square Thru
California Twirl
Lead right
Dive Thru

Lesson 3

Star Thru
Box the Gnat
Wrong way grand
Right and Left thru
U-turn back
Backtrack

Lesson 4

Ocean Wave (Incl Alamo Style)
Swing thru
Extend
Pass the Ocean

Lesson 5

Circulate (boy, girl, end, center, couple)
Run (no cross run)
Trade (no partner trade)

Lesson 6

Circle to a line
Chain down the line
Touch 1/4
Circulate (all 8, Single File)

Lesson 7

Walk around the left hand lady
See saw
Do Paso
Partner trade
Trade by

Lesson 8

Flutterwheel and reverse FW
Sweep 1/4
Allemande thar
Shoot the star
Wrong Way Thar
Slip the clutch

Lesson 9

Wheel and Deal
Double Pass Thru
1st couple left next couple right
Zoom

Lesson 10

Ferris Wheel
Circulate (split/box)
Left Square thru