

Basic Lessons - Lac-A-Do Hall - Revised Sep 2024

Lesson 1

Partner/Corner
Square Formation (Heads/Sides/Couple ID/Home)
Lead Right/Left
Allemande Left/Turn Partner Right
Stars-Right and Left
Circle-Left and Right/Single Circle
Dosado
Veer-Left and Right
Bend the Line
Forward and Back
Pass Thru
California Twirl
Right and Left Grand (Weave the ring)
Promenade(Couples, 1/2, Inside, single file)
Swing
Grand Square
Courtesy Turn
Ladies Chain(Heads/Sides/All Four/ 3/4)

Lesson 2

Separate, around one, into the middle
Split the outsides
Sashay (Half/Rollaway/Ladies in/Men in)
Square thru
U-turn Back
Backtrack

Lesson 3

Star thru
Box the gnat
Wrong way grand
Right and left thru
Wheel Around
Dive Thru

Lesson 4

Ocean Wave (incl Alamo style)
Swing thru
Extend
Runs (incl Cross Run)

Lesson 5

Pass the Ocean
Circulate (**boys, girls, ends, centers, couples**)
Trades (**except partner trade**)

Lesson 6

Chain down the line
Walk around your corner
See saw
Do Paso

Lesson 7

Wheel and Deal
Partner trade
Trade by

Lesson 8

Flutterwheel/Reverse flutterwheel
Sweep 1/4
Circulates (**all 8, Single file, Split, Box**)
Touch 1/4

Lesson 9

Ferris Wheel
Double Pass Thru
1st couple left next/couple right
Circle to a Line

Lesson 10

Zoom
Left Square thru
Wrong way promenade
Star Promenade